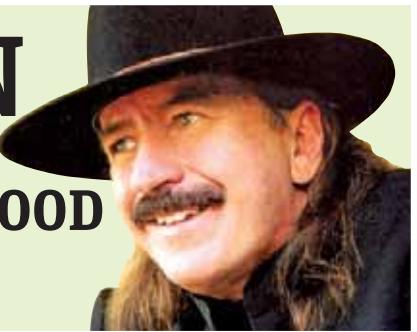


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# PASSION MOTIVATES MATT MINGLEWOOD NOT MONEY {page 11}



HALIFAX

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Thursday, January 27, 2011  
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# 'An attack on school boards'

► HRSB chair Irvine Carvery sending open letter to province outlining board's position on possible cuts ► Surplus means boards can trim down: Education Minister Ramona Jennex

 **ALEX BOUTILIER**  
@METRONEWS.CA

Halifax Regional School Board (HRSB) chair Irvine Carvery said last night the Dexter government was "misleading" in suggesting a \$45-million surplus in the province's eight school boards proves the boards have money to cut.

"This is being seen as an attack on school boards. Plain and simple," Carvery said at last night's monthly school board meeting in Dartmouth.

"The government chooses to bring forward this cry that boards have all this money, sitting on a pile of cash. Just to prove a point?"

Carvery was responding to comments made by Education Minister Ramona Jennex, who suggested yesterday the figure proves school boards have more than adequate funding.

But Carvery said that while the HRSB's "accounting surplus" was \$12.6 million, the actual cash surplus was closer to \$4.2 million, accumulated over

**"I want the government to understand that we understand that we need to be part of the solution. I want the government also to understand, at the same time, that we take education very seriously."**

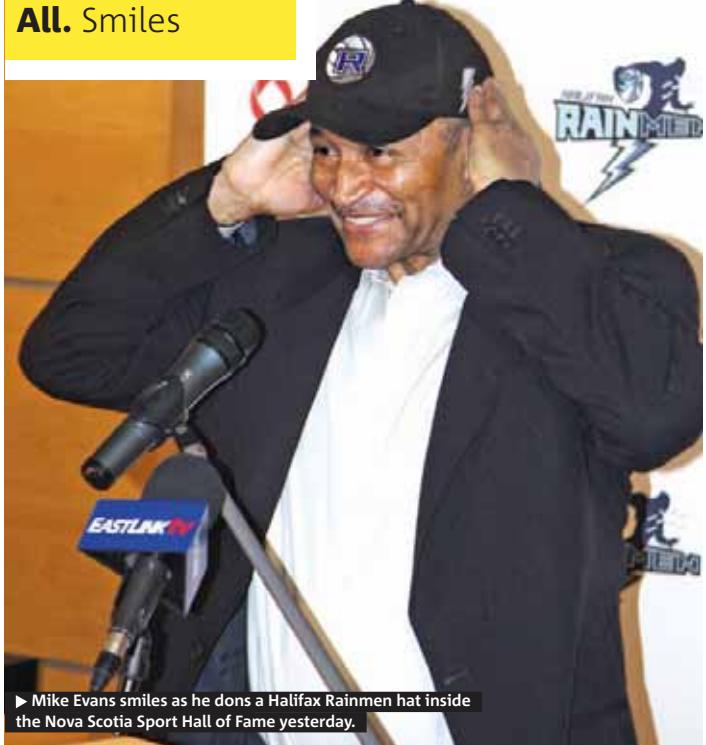
IRVINE CARVERY, HRSB CHAIR

10 years and with \$2.6 million already earmarked for improvements to the board's offices.

Carvery described the Dexter government's response over the last few weeks as "a play in the media" to strengthen their position in the negotiation. "It's unfortunate that the government has decided to release this information in a way that suggests school boards have more than enough to cut," he said.

Carvery added he still hopes cooler heads will prevail when school boards sit down with Jennex on Feb. 3.

All. Smiles



► Mike Evans smiles as he dons a Halifax Rainmen hat inside the Nova Scotia Sport Hall of Fame yesterday.

PHILIP CROUCHER/METRO

## Rainmen get a new coach

Mike Evans, a former NBA player and assistant coach, has been named the club's new head coach, a position that became vacant when Les Berry stepped down on Monday. Story, page 17.



**near ice: HRM**

Mercury set to rise above freezing mark today {page 6}

**Bail hearing postponed**

Archie Billard's hearing held back by a week {page 3}

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# Billard's bail hearing delayed

► Man's supporters in attendance at court ► Remanded back to Central Nova Correctional Facility



ALEX BOUTILIER  
@METRONEWS.CA

A bail hearing for 22-year-old Archie Billard has been postponed for one week.

Billard has been charged with breaching probation, driving while disqualified and six separate weapons charges. He was arrested by Halifax Regional Police early Saturday morning after officers allegedly saw him driving a vehicle in a downtown parking garage.

Billard made a brief court appearance yesterday, saying nothing while his defence counsel John Black asked to postpone the bail hearing until Feb. 2. The judge granted the request.

At about 2 a.m. Saturday, police said they saw Billard running down a downtown street. Shortly after, they received a call about a disturbance at a nearby establishment and felt the two might be connected.

They located and arrested Billard in the parkade on Hollis Street. According to police, a

## Shakes head

► Wedged between two sheriffs on the defendant's bench, Archie Billard looked to a small group of supporters sitting in the courtroom. He shook his head repeatedly in seeming disbelief.

subsequent search of the vehicle turned up brass knuckles, bear spray, and a knife.

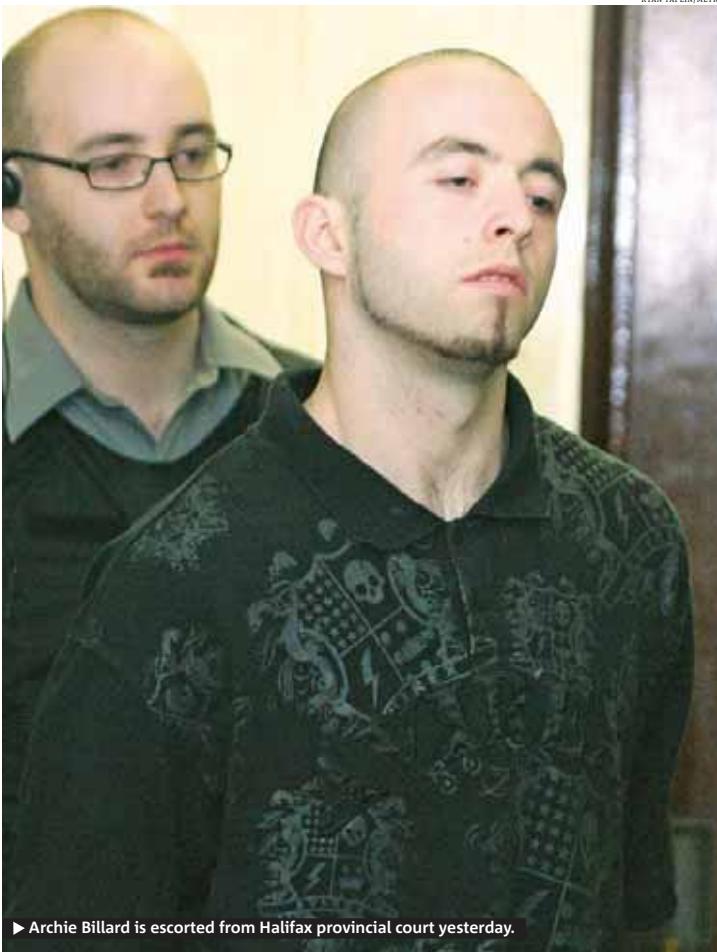
Billard was high behind the wheel of a stolen car Oct. 14, 2004, when he sped through a red light and struck the vehicle of Theresa McEvoy.

McEvoy, a 52-year-old teacher's aide, died as a result of the crash.

Billard was sentenced to 4½ years for his part in her death. He was also subject to a 10-year driving prohibition.

After spending two-thirds of his sentence split between a youth correctional facility and a federal penitentiary, Billard was released in June 2009.

Since then, he has had several run-ins with the law.



► Archie Billard is escorted from Halifax provincial court yesterday.

## News in brief



### Toll decision coming today

**BRIDGES.** Drivers will find out today if it will cost more to cross the harbour bridges. The Nova Scotia Utility and Review Board is scheduled to announce its decision this morning on an application from Halifax Harbour Bridges to increase tolls by 25 cents, to \$1 from 75

cents. MACPASS users would see a 20-cent increase to 80 cents per trip.

● METRO

### Oval closed for two days

**SKATING.** Hope you got in your Oval fix because it's closed today and tomorrow.

Crews will be performing ice maintenance in preparation for the Canada Games in February.

The Oval closed after the last public skate yesterday and crews will be working "around the clock." They need to get a lot of work done — including putting in ice markings — before the final games preparations Feb. 7 to 11.

● METRO

### Halifax likely spared snow

**WEATHER.** It looks like we're getting off the hook snow wise with the latest storm. Environment Canada has rain in the forecast through this afternoon in the Halifax area, with between five and 10 centimetres of snow expected to fall overnight. Other parts of the province aren't so lucky. Several counties, including Colchester, Kings, Annapolis and Digby are expected to receive up to 25 cm of snow by day's end. The storm prompted a severe weather advisory by the province's Emergency Management Office last night, saying conditions including snow, freezing rain and storm surges were possible.

● METRO

## Murder case held over again

Nicholas Edward White, who is facing a murder charge in the death of an elderly Sackville man, has had his case held over again. A date for a preliminary hearing was to be determined yesterday at Dartmouth provincial court, but it was held over until Feb. 2. The matter was also held over Dec. 21.

The 24-year-old is facing a charge of second-degree murder in the death of 76-year-old Joseph Walker of Lower Sackville.

Walker was found dead in his apartment at 70 Cobiquid Rd. in the early morning hours of Nov. 26.



► Nicholas White

White was arrested a few hours later in a nearby cemetery.

White has been remanded back to the Central Nova Correctional Facility in Burnside.

● METRO

# 1

news



News on the move

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2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at [m.metronews.ca](http://m.metronews.ca)

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Don Cherry has special serenade for The Great One on Gretzky's 50th birthday. Video at [metronews.ca](http://metronews.ca)

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# Use caution on outdoor ice, HRM warns skaters

► Most recent ice testing by municipality done over last few days ► Temperatures warming up today after bitterly cold week

**JORDAN MINX**  
HALIFAX@METRONEWS.CA

The chance to finally safely skate on local lakes in HRM may prove short lived.

With the bitterly cold weather the past few days, ice thickness on many lakes in HRM has risen to appropriate levels for skating, the municipality announced yesterday.

The Red Cross recommends a minimum of 15 centimetres of thickness for individual skating, and 21 centimetres for group skating of two or more people.

But with the temperatures expected to rise above the freezing mark today — and remain fairly season-

## Updates

► For updated ice thickness results, visit [halifax.ca](http://halifax.ca) and click Ice Thickness Reports or phone 490-3577.

able the remainder of the week — HRM is warning people to remain cautious when deciding to lace them up.

"If a lake is really just getting to that safe level and now we're into mild temperatures, you could probably assume it's not going to be as thick," cautioned HRM spokesperson Shaune MacKinlay. "It would really depend on how thick the ice surface was to begin with, but really, we wouldn't know until



► John Anderson and his son Ben, 6, play hockey on Lake Banook yesterday.

we could get out there and do more tests."

The municipality is also asking people to use "extreme caution" where mov-

ing water such as streams flow in and out of lakes.

About 80 lakes and ponds are tested for ice thickness in HRM.

## Care home sorry after autistic man confined

### Requirements

- A government report obtained under freedom of information legislation says provincial investigators have required the facility to remove the video camera, ensure the man can reach a bathroom and given him control of the light switch in the room.
- It also says the facility is to "ensure the resident has the same physical environment as all other residents."

A Nova Scotia special-care home is apologizing after the mother of a 20-year-old autistic man said her son was locked for periods of time over 15 days in a constantly lit room without a bathroom.

The unidentified man's confinement at the Braemore Home in Sydney was broken by exercise periods and meals, the provincial government has said. But at times, his mother and staff at the home said, he had to urinate in the room when he couldn't leave to use a bathroom.

He was watched by staff observing him with a video camera.

The Canadian Union of Public Employees says the incident was reported Sept. 14 by a worker at the home to the Department of Community Services, which determined the case constituted institutional abuse under the Protection for Persons in Care Act.

"We are very sorry that this incident occurred and sincerely apologize to our client and the client's family," Debra MacPherson, the

home's chief executive, said in a news release yesterday. The facility says it wants to reassure its 134 residents, families and the public that "steps are being taken to ensure the incident isn't repeated."

"This was an isolated incident that was fully investigated and based on the findings, we have implemented the recommended strategies to prevent an incident like this from occurring again in the future," says the release.

THE CANADIAN PRESS

The Neptune Theatre School logo is at the top. Below it, four children are shown in various poses, some with arms raised, suggesting they are dancing or playing. The text "Neptune Theatre School 2010-2011" is at the bottom left, and "FEBRUARY BREAK CAMPS" is in large, bold letters at the bottom right.

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A portrait of Rick Emberley, a man with white hair and a dark suit, is on the left. To his right is a green graphic with white text. The text reads: "BY THE NUMBERS", "STARTING FRIDAY, RICK EMBERLEY'S NEW WEEKLY POLLING COLUMN HITS METRO HALIFAX.", "Each Friday, Rick lets the numbers do the talking on everything you wanted to know about HRM.", and "This week's poll: quality of life in HRM. It's all in the numbers!"

The "metro" logo is in the bottom right corner.

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# Police crack down on protesters

► Tunisia's uprising sparks Egypt demonstrations ► Activists call for president's ouster ► Want solution to rising prices, high unemployment

Egyptian anti-government activists pelted police with firebombs and rocks in a second day of clashes yesterday. Police forces moved in and used tear gas, beatings and live ammunition fired in the air to disperse any demonstrations.

There were signs the crackdown on protesters was taking a toll on Egypt's international standing. White House spokesman Robert Gibbs would not say whether President Hosni Mubarak, the target of demonstrators' anger and a close U.S. ally, still has the Obama administration's support. Secretary of State Hillary Clinton said the government should allow

peaceful protests instead of cracking down.

A policeman and a protester were killed yesterday when a car ran them over during a Cairo protest, security officials said. The exact circumstances of their deaths were not clear. Officials said earlier the two died when they were hit by rocks but later changed the account. Three demonstrators also died in clashes in Suez and one policeman died in Cairo violence.

Security officials said 860 protesters have been rounded up since Tuesday, when tens of thousands turned out for the largest protests in Egypt in years.

THE ASSOCIATED PRESS

# Demand spikes for royal 'copy-Kates,' Wills

Sparkly sapphire ring and matching blue silk dress? Check. Flowing chocolate hair, artfully flicked? Check. Straight back, regal demeanour, winning smile? Yes, she's got it all. Her name, of course, is Kate.

Except this is a copy-Kate, not Prince William's bride-to-be. Kate Bevan is a model who looks remarkably like future princess Kate Middleton. Together with her prince for the day, fellow model Andy Walker, Bevan's latest assignment is to help sell knitted dolls named after the royal couple at a London toy fair.

Bevan, 21, and Walker, 25, are among dozens of young people making a living — a career, even — out

of pretending to be the royals. With the couple's April 29 wedding day fast approaching, demand is surging for Kate and Wills look-alikes for corporate parties, TV commercials and PR events.

Model agencies say demand for William and Kate look-alikes spiked as soon as the royal engagement was announced in November.

"I'd say that we're getting calls most days with inquiries for events. At the minute it is very focused on the lead-up to the wedding," said Rachel Greenman, a general manager at Face Faces Ltd.

The job calls for much more than looks — the



Kate Middleton look-alike Kate Bevan poses with a Kate Middleton doll, in London, England, yesterday.

copycats need to be "in character" and act like royals, too.

Bevan admitted that she probably has it easier playing Middleton, whose middle-class, girl-next-door

image isn't too hard to emulate.

"She's always pushing her hair out of her eyes," Bevan said. "She comes across as quite shy, and that's easy to imitate."

Walker, meanwhile, said that to play William he tries to speak very clearly and slowly, as well as become more aware of what it's like to be in the public eye. He's also considering taking acting classes to prepare for future jobs.

Bevan and Walker will likely get better as they take on more jobs, and both anticipate continuing assignments after the wedding.

And in the unlikely event that people should stop being interested in the royal couple, they can always go back to their old jobs.

"It's too much of an opportunity to pass it up," Bevan said.

THE ASSOCIATED PRESS

## 'Tricky' prince

"There are lots of pretty girls in the U.K., and (Kate's) is quite a traditional look, quite English. William is a bit trickier," says Helena Chard, an agent with Susan Scott Lookalikes Ltd., which represents some 8,000 models.

► Chard said her agency has received a pile of applications from men keen to pose as the prince, but very few come close to having the chubby cheeks, toothy grin and thinning hair that make a good William double.

# Facebook cellphone nears launch: Report

Social media giant Facebook is close to deal with Taiwanese electronics manufacturer HTC Ltd. to manufacture two Facebook-branded cellphone models in the near future, newspaper reports say.

Citing unnamed sources, London-based financial newspaper City A.M. reported yesterday that two Face-

book phones will be unveiled at the influential Mobile World Congress in Barcelona next month.

The phones will have Facebook's white-on-blue colours and lowercase branding, the report said.

They will also run on a modified Android platform.

● METRO

# Layton calls for Senate overhaul

NDP Leader Jack Layton wants the prime minister to ban party insiders and fundraisers from the Senate as a concrete first step toward a broader overhaul. In a seething speech that his critics derided as a



drive-by shooting," Layton said his party stands by its longtime goal of abolishing the Senate completely.

THE CANADIAN PRESS

# Astronomers see oldest galaxy yet

An international team of astronomers say they have glimpsed the earliest galaxy yet, a smudge of light from nearly 13.2 billion years ago — a time when the cosmos was a far lonelier place.

The research has not been confirmed, and some astronomers are skeptical.

The new findings are based on an image from the Hubble Space Telescope and are published in today's issue of the journal Nature.

The scientists calculate the new-found galaxy dates to just 480 million years after the Big Bang.

THE ASSOCIATED PRESS



► Former Miss Canada finalist Mary-Lu Zahalan-Kennedy poses next to the Penny Lane street sign in Liverpool, England, yesterday.

ALAN EDWARDS/THE ASSOCIATED PRESS HANDOUT

## I saw her standing there

Mary-Lu Zahalan-Kennedy is all smiles after becoming the first person in the world to graduate with a master's degree in The Beatles. She was one of the first students to sign up for the course when it launched at the Liverpool Hope University in 2009.

# Coca lovers give U.S. something to chew on

Thousands have taken to the streets in Bolivia to chew coca leaf in support of the country's bid to remove an international prohibition on the age-old practice.

The chief target of yesterday's peaceful protest was the U.S. Embassy.

Coca is a mild stimulant of high religious and social value in the Andes. It fights hunger and alleviates altitude sickness. But it is also the raw material of cocaine.



Washington last week formally objected to Bolivia's proposal to remove a prohibition on coca chewing from the International Single Convention on Narcotic Drugs. THE ASSOCIATED PRESS

## Officials probe breast implant, cancer link

U.S. government health officials are investigating a possible link between breast implants and a very rare form of cancer after reviewing a handful of cases reported over the past 13 years.

60 The U.S. Food and Drug Administration is aware of just 60 cases of the disease worldwide among the estimated five million to 10 million women with breast implants.

The cancer, known as anaplastic large cell lymphoma, attacks the lymph nodes and skin, and has been reported in the scar tissue that grows around implants. THE ASSOCIATED PRESS

# Canada gears up for American retail invasion

- J. Crew set to open first Canadian branch this year
- Discount clothier Marshalls has stores under construction

A new breed of prospectors is gearing up for a modern Canadian gold rush — far from the pickaxe-toting old-timers of the Klondike, these are a savvy, business-suited bunch looking to cash in on rich veins of Prada purses and cheap blue jeans.

They are major U.S. retailers, department stores and mall moguls, and they have begun a cross-border campaign in anticipation of consumers here opening their wallets by 2012, creating huge demand for new shops and outlets.

"If you look at 2008 and 2009 they were very difficult years for retailers. 2010 I would say was a recovery year for retailers. So in 2011 and 2012, we expect the market to grow but it will be more competitive because there are more players entering the market," says Daniel Baer, a retail industry consultant with

## Heading north

- Expanding Daniel Baer cited the recent entry of lingerie store Victoria's Secret, housewares store Crate and Barrel and skincare retailer Bath and Body Works into Canada as examples of how American companies are succeeding north of the border.
- Variety As international chains move into Canada, shoppers will ultimately benefit from a wider selection of products and lower prices, he said.

Ernst and Young.

"It takes time to build stores and to plan and to get your real estate and the like. They are planning ahead for better times."

Wal-Mart, the world's biggest retailer, is the latest this month to announce

major Canadian expansion plans ahead of what some malls and experts predict will be a consumer spending boom in 2012. The U.S. company announced yesterday it plans to spend \$500 million US to open 40 more Canadian stores that combine general merchandise and groceries.

On Monday, Canada's largest retail landlord RioCan Real Estate Investment Trust announced a 50-50 partnership with U.S. mall operator Tanger Outlet Centers, which will see up to 15 American-style outlet malls in Canada by the end of 2012. The deal is worth up to \$1 billion.

And, earlier this month, Wal-Mart competitor Target bought out the leases to the majority of Zellers stores, announcing it will enter Canada by the end of 2013.

THE CANADIAN PRESS

## Household debt growth slowing: CIBC

There's a report from CIBC that suggests Canadians may be starting to get the message about the perils of mounting debt. A new analysis by the CIBC says mortgage debt appears to have been growing more slowly in recent months. CIBC estimates outstanding mortgage debt will rise by about five per cent this year, down from a 7.7 per cent increase in 2010.

THE CANADIAN PRESS

## Market moment

TSX	Dollar
+ 206.12 (13,465.75)	+ 0.23¢ (100.47¢ US)
Natural gas 1,000 cu ft \$4,488 (No change)	
Oil 	+ \$1.14 US (\$87.33 US)



► U.S. President Barack Obama tours Orion Energy Systems, a power technology company that designs, manufactures and deploys energy-efficient and renewable energy technology, in Manitowoc, Wis., yesterday.

JEWEL SAMAD/GETTY IMAGES

## Calling for a Sputnik

In challenging Americans to compete for the future, President Barack Obama is calling for a new Sputnik moment, like the one in the 1950s when the Soviet Union beat the U.S. by sending a satellite into space — spurring the U.S. to pour money into science and technology and eventually making it to the moon.

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# WHEN YOU REALIZE YOU'RE IRRELEVANT

**He says ...**

**JOHN MAZEROLLE**



**Most of the time I focus on the good things about aging.**

**I**t leads co-workers to erroneously assume that I know what I'm doing, for example. And the wisdom of my years has recently allowed me to make the important changeover from wanting to get fit, to convincing myself I look fine.

I've never seen milestones as milestones.

But then, as I was watching a television commercial this week, something disconcerting hit me: This is my last year in power.

Why? Because these are my last days as a coveted demographic. In the very near future, I will no longer be 18 to 35.

This is upsetting. For the last

16 years, advertisers have seen me as no less than a god. People with money wanted me, needed me, worshipped me.

I was male, single, and powerful, with companies writing their whole playbook based on my loves and lusts.

But now, suddenly, I am irrelevant. And it hurts. Now I understand how housewives abruptly dropped for younger women must feel.

I'm aware that ad men only wanted me because I was easy to manipulate, quick to depart with my money, and socially irresponsible, but at least they wanted me.

Advertising gets older; its loves stay the same age.

I can prove I'll be neglected, too. Look at any ad aimed at the younger set: They're awesome. Whether it's the Canadian Armed Forces or underarm body spray, commercials meant for

young males have Hollywood production values. That the Old Spice guy hasn't won some sort of major acting award yet is one of the great injustices of our time.

Now look at the ads aimed at people who aren't young males: They suck.

Car dealership owners, gold dealers, and personal injury lawyers screaming at us, creepy dads who dye their hair to get over the death of their wife, and seniors that make you wish

somebody would skip the high-impact yoga and go get acting lessons.

Oh sure, there are some slick ads for baby boomers, but I'm not in that group either. I'm about to become the forgotten middle child, demographically.

This is where the decline starts.

Soon I'll spend my days complaining that today's TV, music, and products aren't as good as when I was young. But nobody will listen.

It's going to be lonely. If only some shiny doodad or new trend could help ease the pain. Please take me back, advertisers: I swear, I can stay the same.



Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

## Cartoon

MICHAEL DE ADDER

I THOUGHT I  
SAW AWAY IN.



### Worth mentioning

What makes people tick? Anybody who has suffered jet lag knows all about the body's internal clock, which is driven by a cluster of brain cells.

But even the cells throughout our body have their own 24-hour clocks to co-ordinate activities at the cellular level. Now, new research suggests that these internal timepieces may be more complicated than scientists thought.

For years, scientists have said this clock is basically the activity of certain genes. But in a new study, scientists looked at human cells that don't even have genes. And in these red blood cells, they found an enzyme flip-flop-

### Does time stand still?



ping between two forms on a regular 24-hour cycle.

Is that a clock? Or is it just responding to some clock? Nobody knows yet, says Akhilesh Reddy of Cambridge University. But it seems to be connected in some way to the genetic mechanism found in other cells, he said. Reddy co-authored two studies on the subject in today's issue of

the journal Nature.

Joseph Bass of Northwestern University, who co-wrote a Nature commentary on the work, said the new findings don't overturn the standard notion of a gene-based clock. Still, he said, "Our understanding of the clock is expanding with this work and other work." THE ASSOCIATED PRESS

**What's your favourite TV sitcom? Why?**

**Email** [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)

**Twitter** [@metrohalifax](http://twitter.com/metrohalifax)

Metro has the right to edit letters and submissions.

## Metro Minute with Jonathan Crow

The youngest concertmaster to lead a North American orchestra is on stage in Halifax tonight.

Symphony Nova Scotia is presenting An Evening With Jonathan Crow at the Rebecca Cohn Auditorium, with the show beginning at 7:30 p.m.

Crow has been concertmaster with the Montreal Symphony since 2002,

starting when he was 22. He is described as one of the top violinists in the country. This will be the first time Crow performs with the symphony. He will perform Saint-Saëns' and Violin Concerto No. 3.

Tickets range in price from \$29 to \$52 and are available through the Dalhousie Arts Centre box office. • METRO



► Symphony Nova Scotia is presenting An Evening With Jonathan Crow tonight at the Rebecca Cohn Auditorium.

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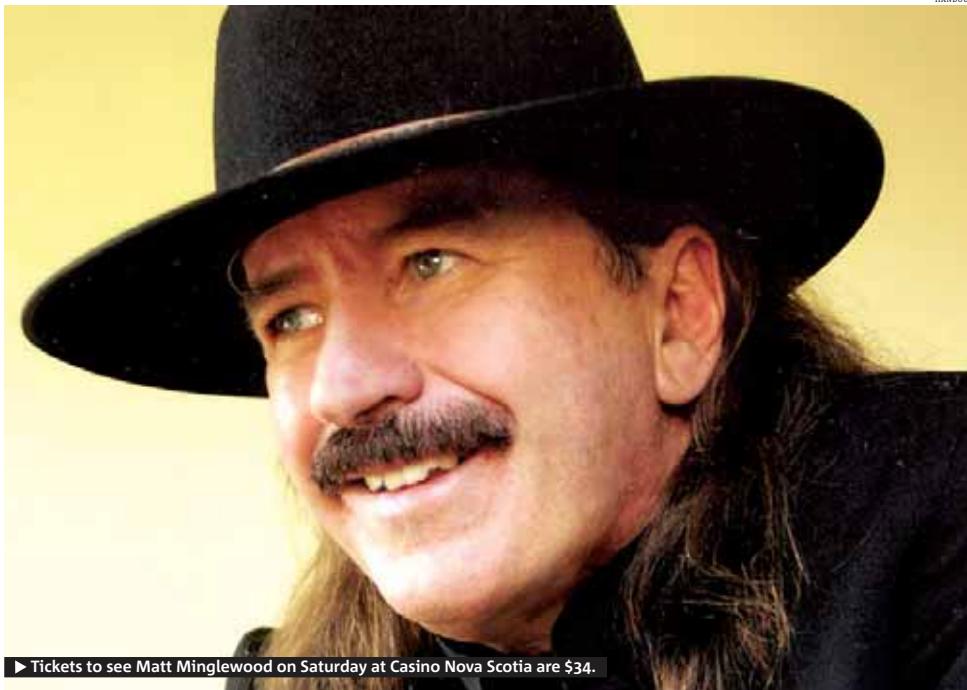
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# For the love of making music

► Nova Scotia singer-songwriter back in Halifax for Saturday night show  
 ► A long time performer, Minglewood praises the live music experience



► Tickets to see Matt Minglewood on Saturday at Casino Nova Scotia are \$34.

## BACKSTAGE PASS

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METRO HALIFAX



Keeping your wits about you and letting passion motivate you rather than your wallet.

That's how Matt Minglewood says he kept himself in the music business all these years.

"I was sort of drawn to the music," he tells me. "It controlled me. It decided my fate. Music was what I

loved to do and what I loved to play. It kind of called me."

Remaining in the music business for money produces a different musician than the one that stays for passion.

Minglewood, of North Sydney, has been on the road longer than the Justin Bieber's of the world have been alive.

Then again, so has my car ... And that gum.

A born storyteller, Minglewood has worked hard to remain relevant in the East Coast music scene.

"There's been a lot of hard work, a lot of beating your balls up traveling

**"I don't know why but we sort of breed musicians down here."**

MATT MINGLEWOOD

across this country back and forth," he says.

Nearly 40 years touring, Minglewood is returning to Halifax on Saturday for "a birthday celebration of sorts" as he performs at The Schooner Showroom at Casino Nova Scotia at 8 p.m.

"In the early days there were more bands to shake a stick at and they were all excellent. There was a scene in Halifax and in the

Maritimes that was way back when," he tells me. "I know it's happening now. I sure as hell hope it is."

Making a record nowadays is a far cry from the hours Minglewood remembers spending in a recording studio.

Matt understands it's great to have a YouTube page chock full of homemade videos, but without touring, it's just not good enough.

Matt's advice for local bands starting out.

"Build a repertoire of music and fans and get them to follow you from place to place. Get familiar with your following."

## Event listings

### What you need to know

#### ► What: New Points Exhibit

#### ► Where: ViewPoint Gallery, 1272 Barrington Street

#### ► When: Through Sunday

#### ► Ticket Info: Free

ViewPoint Gallery is celebrating 10 years Halifax's first and only photographic gallery. Don't miss your chance to see the work of the Gallery's newest members - Craig Buckley, Alannah Correia, Keith Cossey, Terry Humphries, Chris Jones, Jennifer Modigliani, Heidi Müller and Jamie VanBuskirk.

#### ► What: Ben Caplan & The Casual Smokers

#### ► Where: The Bus Stop Theatre, 2203 Gottingen Street

#### ► When: Friday, 9 p.m.

#### ► Ticket Info: \$10 to \$12

Ben and the band have been on the Halifax scene for over three years and recently started attracting ever more attention from the media and music lovers alike. Fresh off the road from their East-to-West-to-East coast tour, Ben Caplan & The Casual Smokers are bringing their smooth folk jazz music to the crowd at The Bus Stop Theatre.

#### ► What: T.rex Named SUE

#### ► Where: Musuem of National History

#### ► When: Through May 8

#### ► Ticket info: museum.gov.ns.ca

Thousands have already come out to see the world's most important T-Rex in Halifax, making this a must-see exhibit. Standing 18 feet tall and 42 feet long — from nose to the tip of its tail — this Tyrannosaurus rex named Sue is the largest most complete dinosaur of its kind.



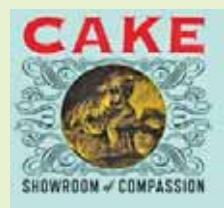
## Regrets



British actor Paul Bettany regrets not taking Colin Firth's Oscar-nominated role in *The King's Speech*. Screenwriter David Seidler has said he wrote the screenplay — also nominated — with Bettany in mind for the role of King George VI, with Oscar-nominated Geoffrey Rush as his speech therapist.

THE CANADIAN PRESS

**Reviews** A classic ●●●●● | Buy it ●●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●



### Cake

**Album:** Showcase of Compassion

**Label:** Upbeat/Warner

●●●●●

There's no way this album should work. It mixes '60s psychedelia with mariachi horns, fuzz guitar, cheesy synthesizer runs, broke down Bakersfield country licks, Beatlesque harmonies

and wry Kinkish lyrics. But this kind of eccentricity is what we've come to expect from these California geek rockers. Somehow it works on tracks like Federal Funding, Long Time and the almost-angry footstomper Sick of You. But at times self-indulgence gets the best of the band.

● GRAHAM ROCKINGHAM

### Cage the Elephant

**Album:** Thank You, Happy Birthday

**Label:** Universal

●●●●●

If you're missing fuzzy '90s alt-rock, you'll want to hear Kentucky-based Cage the Elephant's new disc. The group's sophomore effort is a not-at-all subtle mix of Nirvana, Pixies, Pavement

and Built to Spill — it's got loud, distorted riffs, some grungy wails, pounding drums and catchy hooks. Grunge isn't back, so after a listen the record feels like a cover album of songs you've never heard of. A little less reliance on the ghosts of Seattle's past would do this band good.

● BRYAN BORZYKOWSKI



After a career of mostly serious roles, Natascha McElhone goes for laughs on 'Californication'

## Celebrity tweets



Lindsay Lohan  
[@lindsay\_lohan] Tom Hardy is just a friend of mine.... The tabloids are wrong.



Lily Allen  
[@lilyrose\_allen] Jamie Oliver 30 min meals are so not 30 minutes. Maybe if you don't prep or wash your vegetables properly....

## Anthony Bourdain



[@NoRe servations] I want to be able eat my burger medium rare. Anywhere. Would anyone think this an unreasonable expectation?



Stephen Fry  
[@stephen\_fry] I paid a lot of money to go on vacation on a private jet, but it has a PILOT.

## But I'm famous, really

She may have been up for an Oscar last year and recently split from Shia LaBeouf, but Carey Mulligan still doesn't get recognized out in public — not that she's complaining.

"Hand on heart, I've never been stopped in the street by anyone. Ever. No one recognizes me, which is great," she tells Look magazine.

"I was sitting in a gondola at the Telluride Film Festival with six people who had just watched Never Let Me Go. They were having a conversation about it and criticizing it, and I was sitting there and they had no idea."

• METRO

## It's a boy for Javier and Penelope

► Baby and Oscar nod in same week for Bardem



► Penelope Cruz and Javier Bardem

It's been quite a week for Javier Bardem. Not only was he nominated for an Oscar for his work in Biutiful, but his wife, Penelope Cruz, gave birth to their first child, according to Spanish newspaper El País. The baby, reportedly a boy, was born at Cedars-Sinai Medical Center in Los Angeles. • METRO

## Johansson over split from Ryan?



► Scarlett Johansson and making lots of eye contact. He reached across the table twice to grab her hand." • METRO

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## Jay-Z: And don't forget the tequila

It's not unusual for touring artists to have lists of demands for what they need at a venue, and Jay-Z is no different. His are on a two-page wish-list that includes four golf carts, bottles of vodka and

tequila, Italian red wine and nice china, cloth napkins and real silverware, according to In Touch.

The list also includes sugar-free Red Bull, hand sanitizer, fresh fruit and organic bread. • METRO

## Holmes has them heading for home

Katie Holmes has a new movie, The Son of No One, at the Sundance Film Festival, but her performance is not getting the kind of response she'd like, with many audience members walking out before it finished, according to Us

Weekly. "When Katie showed up on screen, there was a collective groan," a source says of the film, in which Holmes stars as the wife of a cop played by Channing Tatum.

• METRO



## Officials at a Phoenix hospital say rock star Bret Michaels has been released from their care following a successful heart procedure.

St. Joseph's Hospital and Medical Center said Wednesday that Michaels left the hospital. The doctor who treated him reported the procedure to fix a hole in his heart produced excellent results.

Dr. Mansour Assar says the singer is expected to be able to return to normal activities in a few weeks.

Doctors discovered the hole in Michael's heart in April while treating him for a brain hemorrhage.

THE ASSOCIATED PRESS

## Wedding bells for Hudson, Bellamy

They're already expecting a baby this summer, and now Kate Hudson and Matt Bellamy have a wedding to plan as well, according to the Sun.

The pair secretly got engaged recently, announcing it to friends and family at a private party in London this week. "It was an intimate party," a source says.

"They kept their engagement secret as they wanted to celebrate with their nearest and dearest before it became public knowledge."

• METRO

## Bret Michaels leaves hospital

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THE ASSOCIATED PRESS

## 3

THREE  
WAYS  
TO  
ADAPT  
TO  
THE  
BUMP

## BLAZER

► You don't need to close the blazer over your bump, so wear it with jeans or trousers for a smart work look.

VINTAGE  
ROCK TEE

► Adopt an anti-mumsy look by wearing jeans with an outrageous rock band tour T-shirt.

## GREAT JEANS

► Decent maternity jeans are a must, as they're comfortable and can look smart, too. Team them with the aforementioned blazer for a casual, "executive" look.

Let the  
baby bump  
fashion begin!

► Hollywood is abuzz with a major baby boom ► But what can real-life moms-to-be who don't retain a glam squad on payroll do? ► For one, resist falling into the maternity trap of shapeless dresses and 'mom' jeans

EMMA E.  
FORREST

METRO WORLD NEWS

dresses.

Fortunately there's a middle ground between the two.

This year's spring/summer trends are filled with floaty maxi skirts and dresses that allow you to be in fashion as your belly grows.

High street brands have wised up to the sartorial dilemmas facing fashion-conscious expectant moms. So try Gap, Zara and ASOS for on-trend or timelessly chic basics.

Invest in decent maternity jeans, leggings and long vests and you'll be able to adapt your current wardrobe.

There seems to be two schools of thought on maternity looks. The old-school approach that suggests you hide your bump, covering up in tent-like dresses and shapeless tops.

The newer method that relies on "the tighter the better" philosophy: going sexy, embracing the shape of your belly in skin-tight Lycra and wrap-

invest to include kaf-tans, maxi skirts and dresses, tunics and empire-line frocks that you'll want to wear again post-pregnancy.

The coolest thing is that you can try looks you might not normally wear; you can get away with a tighter top if it reveals a baby, not a beer gut.



► Maxi dresses, such as Natalie Portman's dress here, are on-trend and baby-bump flattering.

3  
life

## Pregnancy pick

Elle  
MacPherson  
Intimates bras

Non-wired maternity bras are essential but can be frumpy; this range is practical and pretty.

## BRAS

ellemacpherson-intimates.com



London-based Canadian designer Mark Fast teams with Danier for new collection

# hello, horizontal stripes.

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# TOP 10 of 2010

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## YOU VOTED! THE TOP 10 VACATIONS IN 2010 ARE:

- 1 Vancouver Olympics
- 2 Las Vegas
- 3 Hawaii
- 4 Within my province
- 5 Canada!
- 6 Cuba
- 7 Within my city
- 8 Disney World/Land
- 9 Rome
- 10 Florida

To see more Top 10's of 2010,  
visit [metronews.ca/top10](http://metronews.ca/top10)

SOURCE: Metro Life Panel Survey, January 2011, 216 respondents



14

metro

metronews.ca  
THURSDAY, JANUARY 27, 2011

## A Metal-Morphosis

By Jillian Dempsey for Avon  
tones, metallic eyeshadows gleamed on the runways. Metallics can also be fresh for daytime, says Simone Otis, makeup artist and Joe

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# CLOSETED LUXURIES

## DECOR MOMENT



KARL LOHNES  
HOME@  
METRONEWS.CA

You may not have a closet like in a movie star's mansion, but there are some easy yet luxurious touches you can add to make your morning dressing routine a little more enjoyable.

**CLEAR PLASTIC SWEATER BOXES**  
They keep dust off fine sweaters and folded shirts, make for easy to see contents and are great for upper shelves in the closet. They also make fantastic bins for lingerie.

**CLOSET STEAMER VALET**  
Rid your clothes of wrinkles right at the closet, no need to touch up your clothes in the laundry room. Also great for freshening up a garment.

**VARIETY OF HANGERS**  
From wood, plastic and velvet, choosing the right hanger will allow your clothes to hang properly.

Remember: the slinkier the fabric the more grip your hanger needs (think rubber or velvet). Larger-sized men's suit jackets needs a larger-ended hanger to keep the shoulders supported while hanging.

**SHOE BOXES**  
Keep your good shoes tidy and protected by storing them in individual shoe boxes. Stack directly above the outfit that they match and you are all set to get dressed in a hurry.

**SUIT VALET**  
Considered something your grandfather might have used, a wooden suit valet is invaluable to keeping him organized and his clothing tidy.

### Twitter

For great decorating tips follow Karl on Twitter at karllohnescTV

Here are some more ideas to upgrade your existing closet's decor.

### CLOSET DOORS

Changing swing or slider-style doors is not a difficult project and can help to update the look of your closet.

If you have sliding doors then consider upgrading to a mirrored door, frosted glass or stylish wood veneers.

If you have traditional swing doors consider switching them to glass or mirrored panels, or a new, stylish louvered door.

Painting your existing closet door (inside and out) a fashionable colour like red, orange or dark grey adds personality to your closet.

### PAINT OR WALLPAPER THE INTERIOR

Once you have everything out of the closet, give it a



Carrie Bradshaw's dream closet from *Sex And The City*.

fresh coat of paint or a layer of wallpaper to help update the look.

Choose a fun colour (like Tiffany blue or bright orange).

It will offer a real surprise of colour each time you open the closet door.

It's also a great idea to

add an interior light and perhaps a small closet safe (like in hotel rooms) to keep valuables all in one place.

### MATCH NEW SHELVING COLOUR TO YOUR DECOR

If installing new laminate or wood shelving, match its

colour to the furnishings within the room.

Most shelving comes in a variety of light-to-dark tones that can easily be matched to your dresser, bed or night tables.

This idea will unite and co-ordinate the entire bedroom/dressing area.

## National treasure

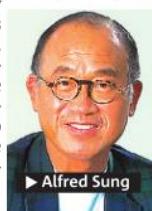


JORDANA DIVON  
LIFE@METRONEWS.CA

Alfred Sung, a top designer (and national treasure), will unveil his limited edition outdoor collection, Blackwatch, at this weekend's Interior Design Show in Toronto.

**What can fans look forward to in this special collection?**

The collection is very much the same concept as my clothing: It's very sophisticated, it's sleek, it's simple, it's modern. We basically try to use ideas from the fabrics and textiles, so that's how we came up with the Blackwatch concept.



**Patio collection**

Alfred Sung will be offering his limited edition patio collection this weekend only through [sungoutdoor.com](http://sungoutdoor.com).

going to be for Fall 2011, so we've already put the first season's design to bed.

But other than that, I think the only thing that's missing would be women's lingerie (laughs) and children's wear.

That would be fun because I love kids.

**You've made a mark internationally, and could easily have moved to New York or Milan ages ago. What has kept you in Canada?**

I feel comfortable in Toronto.

I love Canada as a country and I'm proud to be Canadian.

I'm thankful for what the country has offered me and actually, every time I go away, whether it's on holiday for two, three weeks, I get homesick.

I think we Canadians, a lot of time, take our country for granted. Compared to other places, we are up there, and yet we live so much better.

**You're best known for your clothing lines, so what satisfies you from an artistic standpoint when you produce an outdoor collection?**

I have always been very interested in interior design.

It's always been my dream to come out with a furniture collection, home design, home accessories. This is very exciting for me.

**Is there an area of design you haven't tackled yet that you'd be interested in taking on?**

We're doing menswear. It's

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## Cooking with ease

Ina Garten, better known as the Barefoot Contessa, churns out stress-free recipes in her seventh book, *How Easy Is That?*

The U.S. bestseller may focus on saving time and avoiding kitchen stress, but as she says in her introduction, "these aren't recipes with three ingredients that you can throw together in five minutes

before dinner."

Rather, Garten's emphasis is on dishes impressive enough for dinner parties, but featuring everyday ingredients, easy shortcuts and simple techniques.

The book covers everything from cocktails to dessert, and every recipe is beautifully illustrated to show what the end result should be. **THE CANADIAN PRESS**

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# A winter blues cure

► **This Gardener's Chicken** pairs perfectly with mashed potatoes or veggies

READER'S DIGEST

### Preparation:

- 1 Heat oil in a deep frying pan. Add chicken and brown on all sides for 8 to 10 minutes, over medium heat. Remove the chicken and set aside.
- 2 Melt butter in pan. Add carrots and leek whites. Stir, cover and cook 10 minutes over low heat. Season with salt and pepper.
- 3 Cover vegetables with chicken. Scatter over 2/3 of the parsley and leek greens. Pour over stock to cover. Bring it to a boil then reduce heat, cover and simmer 1 hour or until the chicken is tender.
- 4 Discard parsley. Transfer vegetables and chicken to serving dish with slotted spoon.

5 Boil stock until reduced by third. Reduce heat.

6 Mix egg yolks with crème fraîche or sour cream. Blend mixture into stock and simmer, stirring, 2 minutes, until thickened. Do not let boil. Roughly chop remaining parsley. Pour sauce over chicken and sprinkle with parsley.

READER'S DIGEST

### Ingredients:

- 2 tbsp canola oil
- 1 chicken, jointed into 6 pieces
- 2 tbsp butter
- 400 g carrots, peeled and cut into chunky batons
- 1 kg leeks, whites sliced and greens shredded
- 25 g fresh parsley
- 2 1/4 cups chicken stock
- 2 egg yolks
- 2 tbsp crème fraîche or sour cream
- Salt and pepper



► **This Gardener's Chicken** will distract you from your January blues.

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For January 26th

98.1 - Pink - You're Perfect

98.6 - Taio Cruz ft Kylie Minogue - Higher

95.4 - Ke\$ha - We R Who We R

93.2 - Enrique Iglesias ft Ludacris - Tonight

91.3 - Chris Brown - Yeah 3x

88.5 - Britney Spears - Hold It Against Me

85.4 - Avril Lavigne - What The Hell

82.3 - Diddy-Dirty \$3 ft Skylar Gray - Coming Home

79.2 - Bruno Mars - Grenade

76.1 - 101.3 THE BOUNCE.com



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## Standings

## PREMIER BASKETBALL LEAGUE

	W	L	Pct	GB
LAWTON-FORTSILL	5	0	1.000	—
QUEBEC	5	2	.714	1.0
HALIFAX	4	2	.667	1.5
KENTUCKY	4	3	.571	2.0
SAINT JOHN	2	3	.400	3.0
ROCHESTER	2	4	.333	3.5
VERMONT	2	5	.286	4
DAYTON	1	6	.142	5.5

\*Upcoming Games

Saturday

• Saint John at Halifax, 7 p.m.

Sunday

• Rochester at Halifax, 3 p.m.

## QMJHL

	W	L	S/O	P
SAINT JOHN	38	5	3	79
MONTREAL	33	7	7	73
QUEBEC	34	10	3	71
DRUMMONDVILLE	31	12	6	68
BATHURST	32	14	1	65
GATINEAU	30	13	5	65
LEWISTON	31	16	2	64
SHAWINIGAN	28	14	3	59
MONCTON	25	17	6	56
VICTORIAVILLE	26	19	4	56
RIMOUSKI	24	23	2	50
P.E.I.	22	21	5	49
CHICOUTIMI	16	21	10	42
VAL-D'OR	16	25	5	37
HALIFAX	14	30	3	31
CAPE BRETON	13	32	3	29
BAIE-COMEAU	7	33	9	23
ROUYN-NORANDA	8	35	4	20

\*Upcoming Games

Friday

• Baie-Comeau at Halifax, 7 p.m.

Saturday

• Halifax at Moncton, 7 p.m.

Sunday

• Halifax at P.E.I., 3 p.m.

## Hot start at Scotties for Smith-Dacey

Top-seeded Heather Smith-Dacey is off to a 2-0 start at the Scotties Tournament of Hearts Nova Scotia curling championship in Kentville.

Smith-Dacey beat clubmate Simone MacKenzie 8-5 in the morning draw and unaffiliated Sarah Rhyno 7-3 in the afternoon.

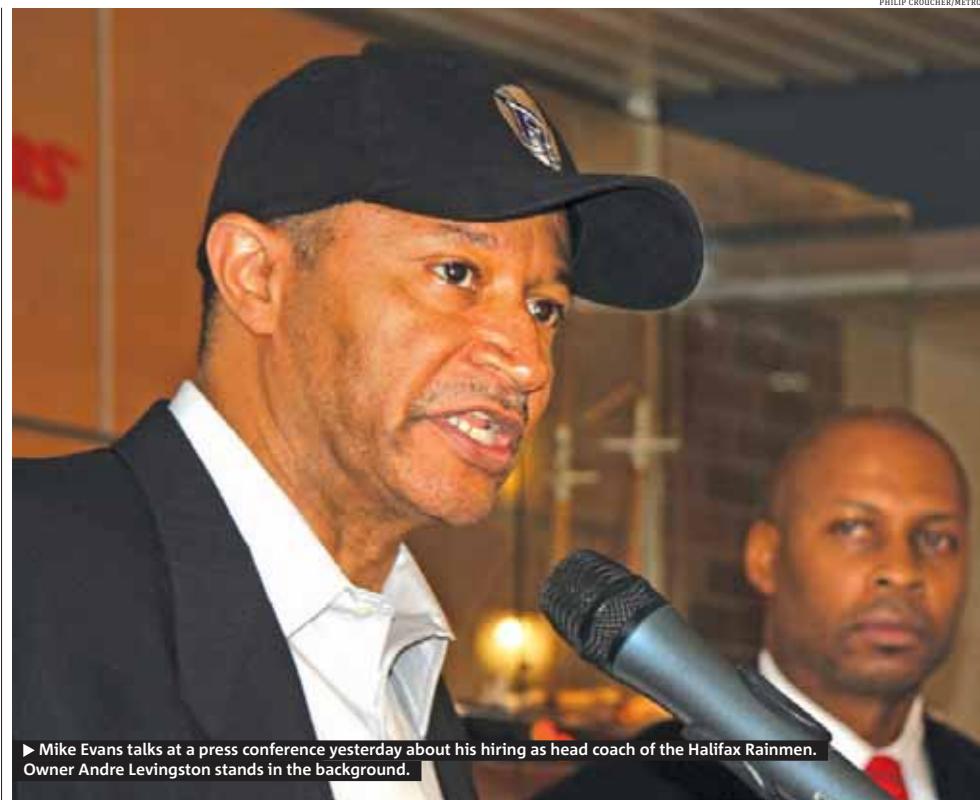
The 2004 champ is joined atop the leaderboard by fellow Mayflower skip Theresa Breen, who is also 2-0.

Action continues today with draws at 1 and 7 p.m.

METRO

## Vermont pulls out of PBL

The Premier Basketball League is down to seven teams after the Vermont Frost Heaves announced late last night they are "ceasing operations immediately." The Frost Heaves, who are one of the Halifax Rainmen's oldest rivals, cited financial shortfalls for the move. METRO



► Mike Evans talks at a press conference yesterday about his hiring as head coach of the Halifax Rainmen. Owner Andre Levingston stands in the background.

# New skipper has a résumé

► Rainmen land experienced coach in Evans   ► Former Raptors assistant takes over 4-2 team with 14 games to go   ► Makes home debut Saturday



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Like many players with the Halifax Rainmen, Mike Evans is in town to get to the NBA. Or in his case, get back to the NBA.

The 55-year-old, announced as the Rainmen's newest head coach at a press conference yesterday, already has a wealth of big-league experience — as both a player and a coach — but is making a comeback of sorts after almost two years on the sidelines.

"My aspiration is to get back in the league," Evans said. "That's where my heart is. But in the process, I can benefit from doing this, and hopefully do something to help these players, too."

Evans was a six-foot-one, three-point bombing guard who averaged 7.7 points in 591 career games over nine NBA seasons. He retired in 1988

**"We are going to do our very, very best to bring a championship to this province, to this city ... We're gonna strive to make it happen."**

NEW HALIFAX RAINMEN HEAD COACH MIKE EVANS

and went on to spend a number of years with the Denver Nuggets as an assistant coach — even landing a 56-game gig as interim head coach in 2001-02. His most recent NBA job was as an assistant to Sam Mitchell with the Toronto Raptors from

2007 to 2009.

His beefy big-league background appealed to Rainmen owner Andre Levingston, who called Evans right away when Les Berry resigned on Monday to pursue another career.

"Players at this level re-

## Mike Evans' career basketball highlights

- Starred collegiately at Kansas State, finishing with a school record of 2,115 points and being drafted 21st overall by Denver in the 1978 NBA draft.
- Finished third in the NBA in 1983-84 and 1984-85 in three-point field goals made with 32 and 57, respectively.
- Played 419 of his 591 NBA games with the Denver Nuggets, posting season-best scoring averages of 10.1 points per game in 1984-85 and 1986-87.
- As interim head coach with the Nuggets in 2001-02, he finished with a record of 18-38. Went 74-90 with the Raptors.

ally respect guys who have actually been there (to the NBA)," Levingston said. "Not that they don't listen to guys who haven't, but that just brings another level of respect, because, ultimately, that's their goal, to play there."

Evans, who inherits a team with a 4-2 record and has 14 games to get ready for the playoffs, wants to employ a fast-paced style of play.

"Not the Mike D'Antoni seven seconds," he said, referencing the coaching style D'Antoni made famous with the Phoenix Suns. "We're not going to do that as of yet, but we're not going to be far from that."

Evans is only signed until the end of the season, but he has his sights set on a championship and can't wait to get started.

"I like coaching and I miss it," he said. "This is an opportunity to get back in — and who knows where this ends?"



## Up and down

## David MacDonald

The fourth-year Saint Mary's Huskies defenceman scored the lone goal and was the third star in a 3-1 loss to the St. Francis Xavier X-Men in Atlantic University Sport men's hockey play last night in Antigonish. The Huskies have lost four straight and are now 13-8-1.



## Justine Colley

Fresh off being named Canadian Interuniversity Sport female athlete of the week, Justine Colley dropped a team-high 23 points but her Saint Mary's Huskies fell 75-68 to the St. Francis Xavier X-Women in Atlantic University Sport basketball play at the Tower last night. In men's play, Saint Mary's lost 93-92 to St. F.X. in a last-minute heartbreaker.



## CYCLING

**Contador may be banned**

Alberto Contador says Spanish cycling officials are proposing a one-year ban for the Tour de France champion who failed a doping test.

In a statement released by his spokesman yesterday, Contador says the Spanish cycling federation's

disciplinary committee informed him of the decision.

If banned, Contador would lose his third Tour title because of the positive clenbuterol result he blames on contaminated meat.

The Spanish cyclist also would be ineligible to compete in this year's Tour.

Contador has 10 days to present new evidence to challenge the one-year ban. The 28-year-old says he will hold a news conference tomorrow.

THE ASSOCIATED PRESS

**NFL boss would take big pay cut**

NFL commissioner Roger Goodell will cut his salary to \$1 if there is a work stoppage after the collective bargaining agreement expires in March.

Goodell makes about \$10 million US a year, including bonuses. NFL owners opted out of the agreement in 2008.

THE ASSOCIATED PRESS

**Cahoon hangs up his cleats**

Fresh from a second straight Grey Cup win, veteran Montreal Alouettes slotback Ben Cahoon is calling it quits.

The 38-year-old announced his retirement from the CFL team during a news conference yesterday, after 13 seasons in the CFL, all with Montreal.

THE CANADIAN PRESS

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**Hobbling Nadal has quest cut off by Ferrer**

CLIVE BRUNSKILL/GETTY IMAGES



► Rafael Nadal serves yesterday in his quarter-final match against David Ferrer.

► Spanish star's bid to win four majors in a row comes to end

Rafael Nadal wiped the tears from his eyes with his taped-up fingers.

His Rafa Slam was evaporating. The 25-match winning streak in Grand Slams and his bid to become the first man since Rod Laver in 1969 to hold all four major titles at once was three games from ending.

He was hurt. He was down two sets and a break. It was the same court, and the same round where he retired in the Australian Open last year. Yet the idea of packing it in didn't even enter his mind.

"I hate the retirements," he said. "This wasn't the day. I did last year. I hate that moment ... Didn't want to repeat that."

Six games later, Nadal was out of the tournament, losing 6-4, 6-2, 6-3 to fellow Spaniard David Ferrer yes-

terday in Rod Laver Arena, the centre court at Melbourne Park named after the Australian great whose four consecutive majors he was trying to match.

"It's a victory for me. But it's not a victory, really," Ferrer said.

Laver, who lives in Carlsbad, Calif., was surprised to hear of Nadal's loss.

"I'll be darned," Laver said in a phone interview with The Associated Press. "I thought he'd come all the way through. They were all counting that he was going to be the defending champion in all four tournaments.

"That's disappointing for him. In a way, that was an effort to put all those tournaments together through last year. It really was a good performance."

THE ASSOCIATED PRESS

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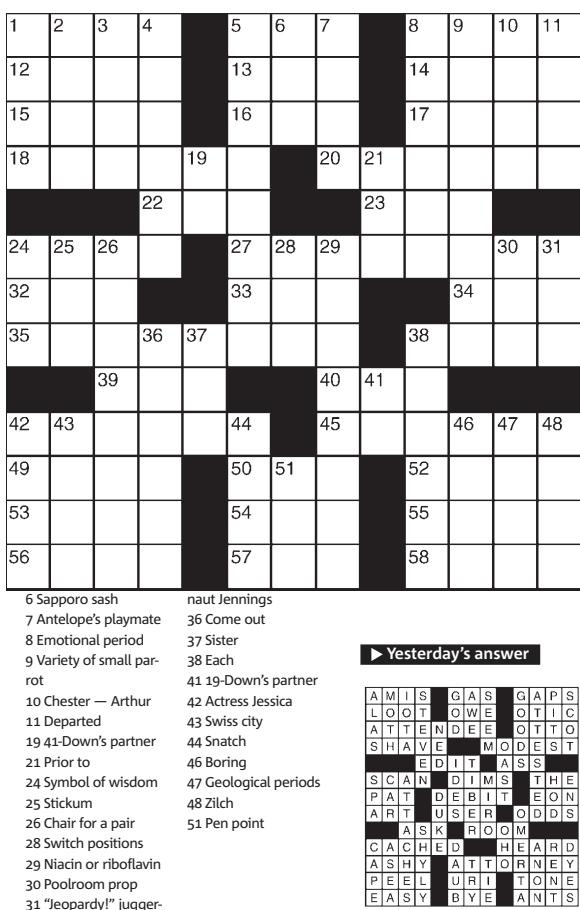
For those without a Metro, the forecast calls for "I dunno" with a slight chance of "huhhh?"

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## Crossword

**Across**  
 1 Parliamentarian  
 5 Wynken and Blynken's pal  
 8 Talon  
 12 Lotion additive  
 13 Rushmore face  
 14 Portrayal  
 15 Catchall abbr.  
 16 Compete  
 17 Terrible guy?  
 18 Zafit, perhaps  
 20 Take umbrage at  
 22 Slight touch  
 23 Cage component  
 24 Eye with desire  
 27 Like some suitors  
 32 Court  
 33 One (Pref.)  
 34 Regret  
 35 Trysters' locale  
 38 Mideast gulf  
 39 Ostrich's cousin  
 40 iPad download  
 42 Missing  
 45 Lass  
 49 Lecher's look  
 50 Blackbird  
 52 Continental coin  
 53 Boast  
 54 Family  
 55 Familly  
 56 Initial stake  
 57 Recede  
 58 Otherwise

**Down**  
 1 Mary's follower  
 2 Hodgepodge  
 3 Colonial seamstress  
 4 Solve a cryptogram  
 5 Almost black



## Today's horoscope

**Aries** March 21-April 20  
 Travel and social plans may be at the top of your agenda, but don't expect family and friends to do what you want to do. If you are looking for love, you will most likely find it on a trip to some exotic place.

**Taurus** April 21-May 21  
 What happens today will bring an opportunity to make some much-needed cash, but it won't be the answer to all of your financial problems. You have to make some serious savings, that means cutbacks.

**Gemini** May 22-June 21  
 The planets are urging you to do something out of the ordinary. You hate it when everything is so quiet that you can hear yourself breathing.

**Cancer** June 22-July 22  
 You may be tempted to push yourself harder than ever. But Venus, planet of harmony and balance, in the wellbeing area of your chart, says it might be wise to take things easy.

**Leo** July 23-Aug. 23  
 You may be passionate, but sometimes you can get carried away and do things that are not good for you, personally or professionally. Don't let your passions get the better of you today.

**Virgo** Aug. 24-Sept. 22  
 You are more affectionate than some people give you credit for. At some stage, today, you will release those feelings that you have kept hidden. It won't be embarrassing. In fact, it will be rather nice.

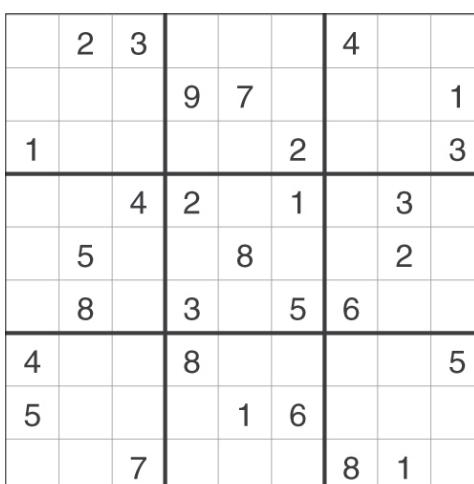
For today's crossword answers and for expanded horoscopes, go to metronews.ca

**Libra** Sept. 23-Oct. 23  
 Don't worry about details. Focus on the bigger picture and trust that fate will guide you in the right direction. Your questions will be answered when you are ready to understand.

**Scorpio** Oct. 24-Nov. 22  
 You don't have to see every interaction in terms of winning or losing. Let life come to you today and you will soon realize that you have everything to gain from being less aggressive.

**Sagittarius**  
 Nov. 23-Dec. 21  
 Venus in your sign is making you somewhat mellow, and that's no a bad thing. It means you are less likely to overreact if something out of the ordinary happens. Take life as it comes.

## Sudoku



## ► Yesterday's answer

A	M	I	S	G	A	S	G	A	P	S
L	O	O	T	C	W	E	O	T	I	C
A	T	T	E	N	D	E	O	T	T	O
S	H	A	V	E	M	O	D	E	S	T
E	D	I	T	A	S	S				
S	C	A	N	D	I	M	S	T	H	E
P	A	T	D	E	B	I	T	E	O	N
A	R	T	U	S	E	R	O	D	D	S
C	A	C	H	E	D	H	E	A	R	D
A	S	H	Y	A	T	T	O	R	N	E
P	E	E	L	U	R	I	T	O	N	E
E	A	S	Y	B	Y	E	A	N	T	S

Yesterday's answer ►

5	1	2	8	3	4	7	6	9
3	6	8	7	2	9	4	1	5
9	4	7	5	6	1	3	2	8
4	9	5	1	8	6	2	7	3
6	8	1	2	7	3	9	5	4
7	2	3	4	9	5	1	8	6
8	3	6	9	1	2	5	4	7
1	5	9	6	4	7	8	3	2
2	7	4	3	5	8	6	9	1

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My little dolphin, I miss you lots and can't wait until you come back for your visit. This year will be amazing and we're going to have the time of our lives! I love you to infinity and beyond, forever and always! mmmM-MUUAHHHHH!  
LOVE, YOUR ELECTRIC MOUSE

Ohh babes\* Stop that! Each day I love you more and more. Our love continues to bloom like a flower. Love you PAN ANZ\*

Sam, You are the light of my life without which nothing grows in this patch of barren soul. Love you  
YOURS ASH

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



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